



# I Run To You



Choreographed by **Rachael McEnaney (UK) (June 2010)**  
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<b>Description:</b>	64 count, 2 wall, Intermediate line dance
<b>Music:</b>	I Run To You – Lady Antebellum (from album: Need You Now) (available on itunes) (approx 114bpm)
<b>Count In:</b>	32 counts from start of track – dance begins on vocals

Section	Footwork	End Facing
<b>1 - 8</b>	<b>R diagonal shuffle, L side rock, L diagonal shuffle, R step back ¼ turn L, L side</b>	
1 & 2	Angle body to 10.30 step forward on right (1), step left next to right (&), step forward on right (2)	10.30
3 - 4	Angle body to 12.00 rock left to left side (3), recover weight onto right (4)	12.00
5 & 6	Angle body to 1.30 step forward on left (5), step right next to left (&), step forward on left (6)	1.30
7 - 8	Make ¼ turn left stepping back on right (now facing side wall 9.00) (7), step left to left side (8)	9.00
<b>9 - 16</b>	<b>Syncopated weave, L side, hold, ball side rock</b>	
1 2 3 & 4	Cross right over left (1), step left to left side (2), cross right behind left (3), step left to left side (&), cross right over left (4)	9.00
5 6 & 7 8	Step left to left side (5), hold (6), step right next to left (&), rock left to left side (7), recover weight onto right (8)	9.00
<b>17 - 24</b>	<b>L diagonal shuffle, R side rock, R diagonal shuffle, L step back ¼ turn R, R side (repeat 1-8 but opposite foot)</b>	
1 & 2	Angle body to 10.30 step forward on left (1), step right next to left (&), step forward on left (2)	10.30
3 - 4	Angle body to 9.00 rock right to right side (3), recover weight onto left (4)	9.00
5 & 6	Angle body to 7.30 step forward on right (5), step left next to right (&), step forward on right (6)	7.30
7 - 8	Make ¼ turn right stepping back on left (now facing front) (7), step right to right side (8)	12.00
<b>25 - 32</b>	<b>Syncopated weave, big step R, hold dragging L, L coaster step.</b>	
1 2 3 & 4	Cross left over right (1), step right to right side (2), cross left behind right (3), step right to right side (&), cross left over right (4)	12.00
5 - 6	Step right to right side (big step (5), hold dragging left foot towards right (6),	12.00
7 & 8	Step back on left (7), step right next to left (&), step forward on left (8)	12.00
<b>33 - 40</b>	<b>R shuffle, Step forward L, ½ pivot turn R, full turn R travelling forward (or 2 walks), L rock forward</b>	
1 & 2 3 4	Step forward on right (1), step left next to right (&), step forward on right (2), step forward on left (3), pivot ½ turn right (4) (weight R)	6.00
5 - 6	Make ½ turn right stepping back on left (5), make ½ turn right stepping forward on right (6) <i>Easy option: Walk forward right (5), left (6)</i>	6.00
7 - 8	Rock forward on left (7), recover weight onto right (8)	6.00
<b>41 - 48</b>	<b>L coaster cross, R side rock, R sailor step, L sailor step</b>	
1 & 2 3 4	Step back on left (1), step right next to left (&), cross left over right (2), rock right to right side (3), recover weight onto left (4)	6.00
5 & 6	Cross right behind left (5), step left next to right (&), step right to right side (6)	6.00
7 & 8	Cross left behind right (7), step right next to left (&), step left to left side (8)	6.00
<b>49 - 56</b>	<b>R cross rock, R side, L cross rock, ¼ turn L stepping forward L, ½ turn L stepping back R, ¼ turn L</b>	
1 2 3	Cross rock right over left (1), recover weight onto left (2), step right to right side (3)	6.00
4 5 6	Cross rock left over right (4), recover weight onto right (5), make ¼ turn left stepping forward on left (6)	3.00
7 - 8	Make ½ turn left stepping back on right (7), make ¼ turn left stepping left to left side (8)	6.00
<b>57 - 64</b>	<b>R cross rock, R chasse, L cross, R side, L sailor step</b>	
1 2 3 & 4	Cross rock right over left (1), recover weight onto left (2), step right to right side (3), step left next to right (&), step right to right side (4)	6.00
5 - 6	Cross left over right (5), step right to right side (6)	6.00
7 & 8	Cross left behind right (7), step right next to left (&), step left to left side (8) end with body angled to 4.30 (facing back wall) ready to start again	6.00