

# 45 Degrees

---

 [linedancemag.com/45-degrees/](http://linedancemag.com/45-degrees/)

**Choregraphie par :** Ria Vos (NL)

**Description :** 32 temps, 4 murs, Débutant +, Octobre 2021

**Musique :** 45 Fahrenheit Girl – Drew Sycamore

**Intro: 36 (4+32) Counts, on the word « took... » (18sec)**

## **Skate R, Skate L, Shuffle Fwd, Rock Fwd, Shuffle ½ Turn L**

1-2 Skate Fwd on R to R Diagonal, Skate Fwd on L to L Diagonal

3&4 Shuffle Fwd Stepping R-L-R

5-6 Rock Fwd on L, Recover on R

7&8 Shuffle ½ Turn L Stepping L-R-L (6:00)

1&2 ¼ Turn L Step R to R Side, Step L Next to R, Step R to R Side (3:00)

3-4 Rock Back on L, Recover on R

5-6 Step L to L Side, Touch R Next to L

7&8 Kick R to R Diagonal, Step on Ball of R Next to L, Cross L Over R

## **Side Rock, Chasse ¼ Turn R, Step Pivot ½ Turn R, Shuffle Fwd**

1-2 Rock R to R Side, Recover on L (Sway Hips)

3&4 Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (6:00)

5-6 Step Fwd on L, Pivot ½ Turn R (12:00)

7&8 Shuffle Fwd Stepping L-R-L

## **½ L, ¼ L, Cross Shuffle, Side Rock, Coaster Cross**

1-2 ½ Turn L Step Back on R, ¼ Turn L Step L to L Side (3:00)

3&4 Cross R Over L, Step L to L Side, Cross R Over L

5-6 Rock L to L Side, Recover on R

7&8 Step Back on L, Step R Next to L, Cross L Over R

## **No Tags No Restarts**

© 2021 Création du site par [Babel communication](#)